

选择性必修二 Unit 3 Using Language

班级_____ 姓名_____ 小组_____

一、学习目标

- 1.To obtain more information about healthy eating;
- 2.To study and conclude the structure and language features of writing an essay about healthy diet;
- 3.To write an essay about your own diet.

二、重点、难点

学习重点

本课重点句型和语言点。

梳理概括文章的行文结构。

饮食这一话题进行辩证的思考并能够输出内容。

学习难点

对于健康饮食进行辩证的思考。

说明文行文结构的讲授与写作练习。

三、导学流程

（一）基础感悟（导学导读）：

词汇清理：

- 1、发表演讲_____
- 2.养成健康的饮食习惯 _____
- 3.不吃早餐_____
- 4.吃零食_____
- 5.挑食_____
- 6,.暴饮暴食饮暴食_____
- 7.对.....有害_____
- 8.对.....有益_____
- 9.保持健康_____
- 10.规律进餐_____
- 11.增强体质_____

观察了解

Part1 Pre-writing

Activity 1 Lead in

- ①Do you like desserts? ②Are they healthy food?
- ③ Can you resist the temptation of these desserts? Or would you prefer these food in your daily life?

（二）未知探究：

Activity 2: Reading

Task 1 Fast Reading

What is the passage mainly about?

Where is this text most likely from?

Task 2. Reading for details

Find out the topic sentence in each paragraph.

Match the subheadings with the paragraphs

Activity 3 Read for the structure

Task 1. Read and Think

Analyze Style, Structure & Language features

Task 2. What are the key details that support each point? (On page 33)

Task 3. What can we use to make the text coherent?

1. Find out the linking words in the passage that introduce another way of saying what was already mentioned in the previous sentence.
2. Circle the linking words in the passage which show that contrasting ideas are being introduced.
3. Find the linking words in the passage which are used to list or add information.
4. Find the linking words in the passage which are used to give examples.

Activity 4 Read for language feature

Summarize the connectors with different functions.

introduce another way of saying.

contrasting ideas

list or add information

give examples

Activity 5. Further thinking

Task 1. List healthy eating habits

Task 2. Brainstorm: How to write a descriptive essay about your own diet?

List your eating habits. Healthy? or unhealthy? ... structure、 language features useful expressions

Activity 4: Writing

Before Writing: Discuss eating habits

While- Writing: Use the checklist to evaluate the draft

（三）当堂检测：

Assignment:

假如你是班长李华，你所在班级中一些学生有不良的饮食习惯，请你在下午的班会上发表演讲，号召同学们养成健康的饮食习惯。内容包括：

1. 简述健康饮食的意义；
2. 不良饮食现象：不吃早餐、吃零食、挑食和暴饮暴食等；
3. 提出关于如何养成健康饮食习惯的建议。

注意：1. 词数 100 左右；2. 可适当增加细节，以使行文连贯。

Practice

1. 我很荣幸能在这里发表演讲
2. 我们都知道，人如其食。
3. 形成健康的饮食习惯对我们来说是非常重要的。
4. 不良的饮食习惯在我们学生中仍然很普遍。
5. 我们中的一些人经常不吃早餐就去上学，一些人喜欢吃零食，还有一些人吃得太多或喝得太多。
所有这些坏习惯肯定会对我们的健康有害。
6. 为了保持健康，我们应该吃各种各样的食物，一般包括适量的鱼、肉、水果等。
7. 我们最好有规律地吃饭，我们应该努力养成健康的饮食习惯来建立一个强壮的身体。
8. 只有这样，我们才能有足够的精力更好地学习。